

# St Mark's C of E Junior School PE Newsletter – Term 1&2

## PE Lessons:

During term 1 and 2, your child has been learning and developing a range of skills via different activities.

With their class teacher, in term 1, they have been focusing on the fundamental movement skills (throwing, catching, running, jumping, skipping, hopping, leaping, kicking and balancing) improving agility, balance, co-ordination, strength and stamina within this. Having gained more awareness of their abilities in each of these areas, they have then applied these within netball-based games in term 2. With Mrs Herring, the children have further developed and explored the fundamental movement skills through tag-rugby and hockey.

## Tournaments:

Weds 25<sup>th</sup> September - The year started well with the girls' football team winning the Salisbury league and qualifying for the County Finals in January.

Weds 2<sup>nd</sup> October - The Year 5/6 mixed' football team came 2<sup>nd</sup> in their group.

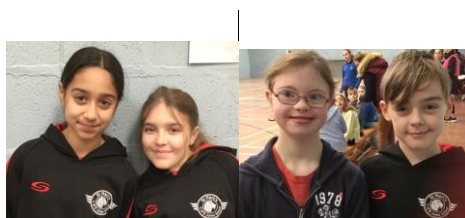
Weds 9<sup>th</sup> October – A group of children participated in the tri-golf tournament, finishing 3<sup>rd</sup> overall.

Weds 16<sup>th</sup> October – The Year 3/4 football team participated in the local league.

Weds 13<sup>th</sup> November – A team of Year 5/6 children took part in the Hockey tournament, finishing joint 5<sup>th</sup> place.

Weds 16<sup>th</sup> November – A group of 4 Year 6 children went to the Boccia tournament – they all had a fantastic day with Evan and Poppy qualifying for the County Finals.

Well done to all children who have participated in any of the above tournaments – you have represented your school well, demonstrating the school sports values well.



## National Fitness Day:

On Thursday 3<sup>rd</sup> October, we held our National Fitness Day. Every child participated in a number of different sports; it was a thoroughly enjoyable day (for staff and children alike!).

